Ways to avoid an academic Summer Slide

"Summer Slide" is the tendency for some students to lose academic gains that they've made during the school year.

- Keep reading! Read things that interest you, in addition to your assigned summer reading.
- Research places you would like to visit
- Consider taking a college class (Dual Enrollment)
- Find ways to add math to daily activities, such as calculating the volume of water in the city pool. Or let teens get in on the trip-planning action, by calculating fuel needs, or figuring the distance between destinations. Or if your teen has a summer job, setting a budget for themself.

WAYS TO MAKE THE MOST OF YOUR SUMMER:

- Volunteer - if you're not sure where to get started, check out volunteermatch.org
- Consider taking a college class
- Apply for a summer job or internship! It may help you learn more about what you want to do in your future
- Find a summer camp or program to build upon your skills, hobbies, interests, or talents
- Unplug and engage with people. Re-connect with family and friends, in a safe way
If you're able, plan to visit colleges that you may want to apply to
- Start working on the Common App and college essays
- It's not too early to complete the FAFSA

**RISING JUNIORS**
- Start to create a list of possible colleges or trade programs
- Check out websites like Naviance or Collegeboard.org to research colleges and majors
- Review practices tests and register to take the SAT/ACT

**RISING SOPHOMORES**
- Start exploring possible majors, colleges, and careers
- Get to know your school counselor!
- Look into summer programs or job shadowing that may interest you

**RISING FRESHMEN**
- Start high school on the right foot; make sure you take challenging courses, complete any summer reading, get organized, get involved

If college isn't in your plans, you still need to plan for your future. Make sure you talk to your school counselor about planning your next steps!

Summer is a good time to start working on some essays for scholarships. Check out these scholarship websites:
- scholarships.com
- collegecovered.com
- goingmerry.com