

Pupil Services



November 2021

Greetings!

Is it November? I am not sure I remember the past two months passing. We have all been so busy. As the cold weather settles in, we may notice wanting to stay indoors.

According to the NY Times, [19 Best Board Games for Kids](#), have been identified. Richard Scarry's Busytown was voted best for cooperative play and of course, the best counting game is Chutes and Ladders.

[In The Moment Self Care](#)

[Self Care Strategies](#)

I hope you enjoy this month's Pupil Services updates. Remember self-care is a priority.

Tracey Wise
Supervisor Pupil Services, DCIU

Biology is Belonging...Dr. Bruce Perry



Resources

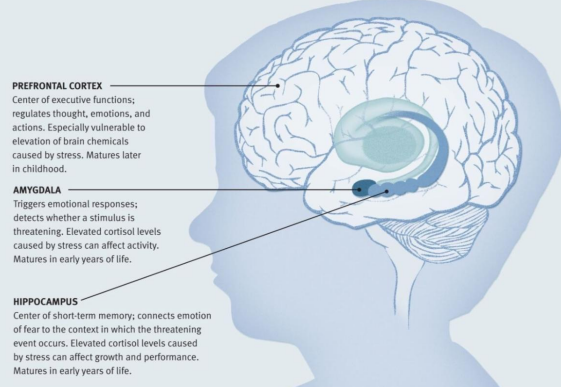
- BrainSTEPS can support students at 4 weeks post-COVID-19 if they have been medically diagnosed and are still experiencing symptoms that impact their learning at school. Please contact Dr. Jim Wolf at jwolf@dciu.org for questions
- [National School Psychology Week November 8-12 - Let's Get in GEAR - Grow, Engage, Advocate, and Rise](#)
- [Midwest PBIS Network](#)



- [The Safer Schools and Campuses Best Practices Clearinghouse](#)
- [A Checklist for Embracing All Families](#)
- [CASEL CARES](#)
- [Classroom WISE](#)
- [SAP Council Flyer](#)
- [PDE SEL Best Practices](#)

Trainings, Conferences and Workshops

Fear and Anxiety Affect the Brain Architecture of Learning and Memory



- [ASPP/PSU Annual Fall Conference November 3rd and 4th](#)
- [YMWIC Annual College and Career Expo November 13th](#) - College and Corporate representatives will provide Scholars, Parents, and community members with valuable information on finance, admissions and careers, the FAFSA form, and more. Families will have an opportunity to receive a COVID vaccine, compliments of Children's Hospital of Philadelphia, from 09:00 AM to 1:00 PM
- [SAS Institute Focusing Forward: Creating Innovative Educational Pathways](#)
- [18th Annual DCSPATF Conference - Cultural Humility and Resiliency: Prevention, Awareness, and Responsiveness November 4th, 2021](#)
- [PSCA Annual Conference December 9th-10th](#) - Enduring, Emerging, and Evolving Together - Hershey Lodge, Hershey, PA

Youth Mental Health First Aid

Youth Mental Health First Aid teaches you how to identify, understand, and respond to signs of mental illness and substance use disorders in youth. This 6-hour training gives adults who work with youth the skills they need to reach out and provide initial support to children and adolescents (ages 6-18) who may be developing a mental health or substance use problem and help connect them to appropriate care. November 2nd, February 25th or May 11th

[PREPaRE Workshop 1 October 26th](#)

[PREPaRE Workshop 2 November 15th and November 16th](#)

[3 Day PREPaRE Workshops 1 and 2](#)

SPRING DATES

[PREPaRE Workshop 1 March 1st](#)

[PREPaRE Workshop 2 March 8th and 9th](#)

[3 Day PREPaRE Workshops 1 and 2](#)

[Self Care For Educators 1:00-3:30](#)

Participants will be involved with some of the top presenters on the topic of self-care. They will take away tools to protect themselves from the physical and emotional fatigue many encounter as educators.

December 8th Presentations by Veirdre Jackson, Susannah Spanton, and Cherie Lovre

Making a Difference

An old man walking along the beach came upon a child sifting through debris left by the night's tide. Every so often, he would pick up a starfish and toss it back to the sea.

The old man asked him the purpose of his efforts.
"The tide has washed the starfish onto the beach. They will die unless I throw them back."

The old man looked around at the miles of beach.
"There are more starfish than you can ever save. You cannot make a difference."

The child bent to pick up another starfish and sent it back to the ocean. Then he looked up at the old man, smiled and replied, "I can make a difference to this one."

You make a difference!



Adapted from The Star Thrower by Loren Eiseley