SAFE
SAY
SOMETHING

Anonymous Reporting System
“She has been all over Twitter threatening revenge.”

“I knew this would happen.”

“I saw his plans but didn’t believe he would ever do this.”

“He told me he was going to.”
WHY DIDN'T THEY SAY SOMETHING
TODAY

YOU WILL LEARN HOW TO
SAY SOMETHING TO PROTECT
YOURSELF, CLASSMATES
AND COMMUNITY AND HELP

PREVENT VIOLENCE

SUICIDES AND THREATS.
Look for

Warning Signs

Signals and Threats
ACT
IMMEDIATELY
TAKE IT SERIOUSLY
3
SAY SOMETHING
SAFE SAY SOMETHING
SCHOOLS ARE SAFE
HOWEVER... SCHOOLS ARE NOT IMMUNE TO VIOLENCE, SUICIDE OR THREATS.
1-in-3 students report being sad or hopeless for 2+ weeks in the last 12 months.

1,000,000 students did not go to school 1+ days in the last 30 days because they felt unsafe at or on their way to and from school.

One million students were harassed, threatened or subject to other forms of cyberbullying.
THERE ARE STEPS YOU CAN TAKE TO PROTECT YOURSELF, CLASSMATES AND COMMUNITY AND HELP PREVENT VIOLENCE SUICIDES AND THREATS.
GOOD NEWS...

INDIVIDUALS OFTEN SHOW WARNING SIGNS AND SHARE INFORMATION BEFORE THEY ARE VIOLENT, ATTEMPT SUICIDE OR MAKE THREATS
IN 3 SEPARATE STUDIES, RESEARCHERS FOUND...
37% of threats of violence were sent electronically

28% used social media
Most mass shootings are planned for 6+ months in nearly every case, warning signs were given.
70% of people who complete suicide tell someone of their plans or give some other warning sign.
IF WE TEACH YOU HOW TO:

1. LOOK for warning signs, signals & threats.
2. ACT immediately. Take it seriously.
3. SAY something.

WE WILL GET BETTER AT:

1. REDUCING violence, threats & tragic consequences.
2. CREATING safer, healthier schools & communities.
1

LOOK FOR

WARNING SIGNS

SIGNALS AND THREATS
WHAT IS A WARNING SIGN?

Thoughts, feelings and behaviors that INDICATE significant change and that an individual may be in NEED OF HELP
WHAT IS A WARNING SIGN?

- Withdrawal from others
- Bullying or Hitting
- Negative Role Models
- Excessive Anger
- Impulsive intimidating
- Extreme mood changes
- Thoughts or plans of harming self or others
- Blames others for own failures
- Fear of riding the bus / going to school
- Will not forgive or forget the wrongs of other people
- Significant personality change
- Excessive feelings of isolation or rejection
WHAT IS A WARNING SIGNAL?

Gestures or ACTIONS that transmit information which can be either OVERT or VAGUE in nature.
WHAT IS A WARNING SIGNAL?

- Give away possessions
- Fascination with suicide
- Rigid beliefs or ideologies
- Brag about access to guns
- Fascination with weapons
- Fascinated with school shootings
- Fascination and/or writings and drawings of death
- Recruit friend to join an attack
- Warn a friend to stay away from school or an event
- Bragging about an upcoming attack
WHAT IS A THREAT?

Any communication directly or through a third party which has the intent to HARM themselves or someone
WHAT IS A THREAT?

- “Somebody should do that here.” (supporting violent act)
- “Someone should blow this place up.”
- “Life isn’t worth living.”
- “I am going to take her and her friends out.”
- “You’d be better off without me.”
- “They will regret they ever met me.”
WHERE ARE WARNING SIGNS, SIGNALS AND THREATS FOUND?
SOCIAL MEDIA

is a PRIMARY SOURCE of signs, signals and threats, followed by hallways, lunchrooms and classrooms.
IN WHAT FORM ARE THEY FOUND?

- SPOKEN
- PHOTOS
- VIDEOS
- WRITTEN
- GESTURES
- ACTIONS & BEHAVIORS
IN WHAT FORM ARE THEY FOUND?

@J - someone needs to find you and assassinate you. like, seriously. you get off by f**king up the truth. i should do it.

(No Subject)
July 13, 2013, 3:00PM

I'm sorry to those who I offended over the years. I'm blind to see that I, as a human being, suck. I'm an individual who is doing an injustice to the world and it's time for me to leave. Please don't ever feel sorry for me, or cry - because I had an opportunity at life and that opportunity is over. I'm sorry that I wasn't able to love someone or have someone love me. I guess it's best though, because now I leave no pain onto anyone. The kids in school are right, I am a loser, a freak, and a fag in no way is that acceptable for people to deal with. I'm sorry for not being a person that would make someone proud.

VALENCIA HIGH SCHOOL

VALENCIA HIGH SCHOOL HAS BEEN NOMINATED TO BE SHOT UP FIRST.

SAFE SAY SOMETHING
IT’S NOT JUST ABOUT VIOLENCE AND SUICIDE.
YOU CAN ALSO HELP WITH OTHER PROBLEMS.

- MAY HAVE AN EATING DISORDER
- SUBSTANCE ABUSE OR ADDICTION PROBLEM
- MAY BE A SEXUAL PREDATOR/BEING PREYED ON
- BULLYING OR BEING BULLIED
- ABUSING OR BEING ABUSED (VERBALLY/PHYSICALLY)
2

Act immediately.

Take it seriously.
WHEN SHOULD YOU ACT?

WHEN YOU SEE, HEAR OR READ A WARNING SIGN, SIGNAL OR THREAT,

ACT IMMEDIATELY

AND SEEK HELP.
WHAT DELAYS ACTING IMMEDIATELY

- “We all spoke to him and he said he would never do that.”
- “I thought someone else would tell someone.”
- “I thought they would feel better tomorrow.”
- “They are too young to hurt themselves or others.”
- “He just wants attention. It’s not real.”
- “I would say something if it was a big enough deal.”
- “I am waiting for the right moment to say something.”
- “If he was going to do something, why would he announce it publicly?”
ACT IMMEDIATELY

TAKE IT SERIOUSLY!

- There is no “Entry Age”
- Let the experts assess the sign, signal or threat
- Individuals often announce their planned actions
- Be an up-stander, not a bystander
WHAT STOPS ACTING IMMEDIATELY

If you tell on someone, you will be labeled a traitor, rat and/or risk of being alienated or physically hurt.
SAY SOMETHING

- Getting someone help for their own safety and well-being and to protect yourself and others from harm.
- You want to help them.

VS.

TELLING ON SOMEONE

- Purposely trying to get someone in trouble for your own gain.
- You want to get them in trouble.
ACT IMMEDIATELY TAKE IT SERIOUSLY

- When you act, you could save someone’s life or the lives of others
- When you do not act (out of fear), you risk losing a friend or a classmate
- Individuals want to be helped – they may not understand that they need it, or don’t know how to get it
3

SAY SOMETHING
ALWAYS CALL
911
IF AN EMERGENCY
SAY SOMETHING TO A TRUSTED ADULT
WHO DO I SAY SOMETHING TO?

SAY SOMETHING to a trusted adult. They have the experience, knowledge and means to know how to get help for an individual.
WHO DO I SAY SOMETHING TO?

Examples of trusted adults
TRUSTED ADULTS

- Parent or Teacher
- Community Organization Leader
- Coach, Instructor or Mentor
- Principal/School Support Staff
- Guidance Counselor
- School Psychologist
- Religious Leader
- School Police/Resource Officer
HOW TO HAVE A CONVERSATION

Before talking to an adult, gather any texts, photos, videos or other communication. If all or some portions were spoken, then write down what you heard.
HOW TO HAVE A CONVERSATION

1. “I must talk to you about (name of individual)”

2. “She/He has threatened (explain)”
   “I am noticing (explain) warning signs or signals.”

Share support or personal notes

3. “I need your help now to get her/him help.”

Share where adult can find the individual, parent’s name and contact information (if known)
WHAT IF YOU CAN'T TELL A TRUSTED ADULT OR YOU WANT TO REMAIN ANONYMOUS?
HOW DOES IT WORK?

1. Report an anonymous tip.
2. Crisis Center may ask a few questions to understand the what’s going on.
3. Within seconds the right people will be notified.
1. **Submit Your Tip Anonymously**

24/7 – 365 Days a Year

- **mobile app**
- **1-844-SAF2SAY**
- **Safe2SayPA.org**
2. **Tips sent to 24/7 Crisis Center**

1. Analyst ensures tip has enough information
2. MAY ask more questions via “2-way anonymous dialogue”
3. Forwards tip to school officials and 911 (as needed)
3 Intervene and Help

1. School Officials and 911 (as needed) immediately assess, intervene and take action to protect students

2. School Officials report outcomes into the Safe2SaySomething system to ensure accountability and follow-up of tips
HOW DO I USE THE APP?

DOWNLOAD THE APP ONTO YOUR PHONE OR MOBILE DEVICE

Search for “Safe2Say Something”
CREATE AND ENTER A 4-DIGIT PASSCODE WHEN PROMPTED

1

ENTER THE SCHOOL NAME YOU ATTEND BY TYPING IN ITS NAME OR SEARCHING BY CITY OR TOWN

2
HOW DO I USE THE APP?

1. Select “Submit a Tip”
2. Select a “Concern”
3. Provide Details (Scrolling Down)
4. Attach Photos, Videos or Sound Files and Submit Tip
HOW DO I USE THE APP?

AFTER YOU SUBMIT A TIP YOU WILL RECEIVE

Acknowledgement and thanks for submitting tip

Statement on how to check the status, view replies or add more information to a submitted tip

TWO methods to check status, view replies or add information:

1. Via the app and the "review/update existing tip"
2. Via website by inputting the provided tip ID number
HOW DO I USE THE APP?

To Review / Update a Tip and 2-Way Anonymous Dialog

1. SELECT “REVIEW” AND UPDATE EXISTING TIP

2. SELECT TIP AND READ REQUEST OR UPDATE INFORMATION AND/OR ADD ATTACHMENT
HOW DO I USE THE APP?

To Review / Update a Tip and 2-Way Anonymous Dialog

3

USE 2-WAY ANONYMOUS DIALOG BOX TO UPDATE TIP AND/OR ANSWER QUESTIONS
HOW DO I SUBMIT A TIP ON THE WEBSITE?

GO TO SAFE2SAYPA.ORG — SELECT “SUBMIT A TIP” THEN COMPLETE FORM:
HOW DO I SUBMIT A TIP ON THE WEBSITE?

ONCE SUBMITTED, YOU RECEIVE A TIP NUMBER / PASSWORD TO ALLOW YOU TO:

- PROVIDE NEW AND/OR ADDITIONAL INFORMATION BY LOGGING IN ANONYMOUSLY

SAFE2SAY SOMETHING

Submit a tip

Your information was submitted successfully. Use the credentials below to login and add additional information at any time. Also, please login often to see if any questions or messages have been left for you. Login through your browser on a PC, smart phone or other mobile devices.

**Login Instructions**

- **Website**: www.safe2saypa.org
- **Tip ID**: 3000-W190
- **Password**: D2J2PP

You may reach us by the following methods:
- iOS or Android Mobile App: Safe2Say
- Mobile or PC Browser: www.p3tips.com

**Important**: Record the login information above somewhere safe. Thanks so much for caring and reporting. We've got it from here! If you have any other information that may be helpful, you can always add it to your report by signing back in with your login info below. Write it down, or take a screenshot so you don't forget it.
TO UPDATE TIP/RESPOND TO INQUIRY USING 2-WAY ANONYMOUS DIALOG

Select “Follow-Up on a Tip” and enter tip ID # and password.
HOW DO I SUBMIT A TIP
BY PHONE

1 CALL 1-844-SAF2SAY (1-844-723-2729)

2 AN ANALYST WILL ASK A SERIES OF QUESTIONS — SUCH AS:
   - Name of school you attend and its location
   - Description of situation, individuals involved
   - Location (as needed) and other details to assess the situation

3 AT THE END OF THE CALL, YOU WILL RECEIVE A TIP NUMBER AND PASSWORD TO ALLOW YOU TO:
   - Login online or call back and provide new and/or additional information
   - View or listen to private messages requesting additional anonymous information from you
TO UPDATE TIP/RESPOND TO INQUIRY USING 2-WAY ANONYMOUS DIALOG

Go to safe2saypa.org
Select “Follow-Up on Tip” and enter tip ID # and password
Submit your tip anonymously

mobile app
1-844-SAF2SAY
Safe2SayPA.org

Submit secure and anonymous safety concerns 24/7, 365 days a year.
WHY
SAY
SOMETHING?
YOU ARE THE EYES AND EARS OF OUR SCHOOL.
WHY
SAY
SOMETHING?
YOU SEE AND HEAR THINGS OTHERS DON’T.
WHY
SAY
SOMETHING?
YOU CAN REDUCE VIOLENCE,
SUICIDE AND THREATS.
PROOF THAT SAY SOMETHING WORKS

“I MADE A DIFFERENCE FOR SOMEONE ELSE!”

“I SAVED MY FRIEND’S LIFE!”

“I AVERTED A SCHOOL SHOOTING.”

“I GOT HELP FOR MY FRIEND BEING PHYSICALLY ABUSED.”
Take The Pledge

1. Look for Warning Signs
2. Act Immediately
3. Say Something

To help create a safer, healthier school